

## Investing in Kids (INK!) Survey Questions Adults (18 and Older)

Investing in Kids (INK!) of St. Johns County needs your help. Please fill out this survey to share your opinions about mental health, substance use, and the quality of life in St. Johns County. Your feedback will help identify gaps to help make St. Johns County a better place to live.

1. Stress is when a person feels tense, restless, nervous, or anxious. Sometimes when someone is stressed, they may be unable to sleep at night because their mind is always troubled. In the last 30 days, have you experienced this kind of stress?  
 Never  Sometimes  Always  
 Rarely  Often
2. In the last 12 months, did you put off, cancel, or neglect seeking services from a mental health or substance use professional for any of the following reasons? Check all that apply.  
 I did not have any problems.  I had no insurance  I had a financial hardship  
 Distance was too far  I could not afford the deductible  I had no childcare or caregiver support.  
 I had no transportation  Stigma - I did not want people to know I needed services
3. If you wanted to schedule an appointment with a mental health or substance use professional, what days or times would you want available to schedule an appointment? Check all that apply.  
 I have no preference  12:00 am - 6:00 am  1:00 pm - 7:00 pm  
 Weekdays (Monday - Friday)  7:00 am - 12:00 pm  8:00 pm - 11:00 pm  
 Weekends (Saturday or Sunday)
4. If you wanted to schedule an appointment with a mental health or substance use professional, what types of appointments would you want available? Check all that apply.  
 I have no preference.  Virtual appointments or online  Home visits  
 Office visits or in-person  Telephone calls  Mobile unit or van
5. Is it difficult for you to find mental health or substance use services in St. Johns County?  
 Yes, I have difficulty finding services  No, I can easily find the services I need.  I have not needed services recently.

**If yes, then go to the next question. If no, then skip to question 7:**

6. What made finding the service difficult?  
 Service not available within St. Johns County.  Long waitlist to receive services.  I can't find providers that accept my insurance.  
 Other: \_\_\_\_\_
7. What is your ZIP code?  
 32004  32081  32085  
 32033  32082  32086  
 32080  32084  Other: \_\_\_\_\_
8. What is your age?  
 18-24  45-54  75+  
 25-34  55-64  
 35-44  65-74

9. What is your gender?
- Female  Male  I prefer not to answer.
10. What is your race? Check all that apply.
- Asian / Pacific Islander  Native American / Alaskan Native  I prefer not to answer.
- Black / African-American  White / Caucasian  Other: \_\_\_\_\_
11. What is your ethnicity?
- Hispanic or Latino(a)  Non-Hispanic or Latino(a)  I prefer not to answer.
12. What is your education level?
- Elementary / Middle School  Community College / Technical or Trade School / 2-Year Degree  Graduate / Advanced Degree
- High School or GED  4-Year College / Bachelor's Degree  I prefer not to answer.
13. What is your current employment status?
- Disabled  Self-Employed  Unemployed
- Employed Full-Time  Stay-At-Home Parent / Caregiver  I prefer not to answer.
- Employed Part-Time  Student
14. What is your annual household income?
- Less than \$19,999  \$30,000 - \$49,999  \$100,000 or more
- \$20,000 - \$29,999  \$50,000 - \$99,999  I prefer not to answer.
15. Do you identify with any of the following groups? Check all that apply.
- Currently in or formerly in foster care  English as a second language  Veteran / Active Military / Family of Veteran or Active Military
- Disabled  LGBTQ+  I do not identify with these groups.
16. What is your marital status?
- Divorced  Married  Single (never married)
- Living with Partner  Separated  I prefer not to answer
17. How is your healthcare covered?
- Health insurance through a job or family member.  Medicare  Other: \_\_\_\_\_
- Health insurance I pay for on my own.  Medicaid  I prefer not to answer
- VA Benefits  I do not have any insurance.